

# Developmental Stages

Most children show regular signs of growth and development during their first years. When a child lags behind in development, he/she may need special help. Many problems can be helped or completely corrected if parents and others recognize the problem early and seek help.

Don't be alarmed if your child can't perform the tasks prescribed for his age, as these are average milestones. Do contact the Child Find Office so we might help.

**Most children should be able to.....**

**BY 6 MONTHS:**



Lift head while lying on back.  
Roll from back to stomach.  
Move a toy from one hand to the other.

Pick up small objects.  
Babble and say some sounds over again.

Be scared by loud or strange noises.



Let you know ( in his own way) what he likes



or what he doesn't like.

**BY 12 MONTHS:**



Walk alone with or without assistance.  
Turn his body while he sits.  
Throw small toys or other objects.  
Let go of something when you try to take it away from him.  
Say at least one word other than "mama" and "dada".  
Shake head "no".  
Cooperate while you try to dress him.

Move towards you when you call.

**BY 18 MONTHS:**



Throw a toy while standing and without falling.  
Turn pages of a book 2 or 3 at a time.  
Try to feed himself (with spills).  
Say at least six understandable words.  
Point at what he wants.  
Imitate some of the things he sees you do ( sweeping, dusting, etc.)

**BY 2 YEARS:**

Walk up stairs (may hold on).  
 Turn pages of a book one page at a time.  
 Take off pants and shoes.  
 Use short ( 2-3 word) phrases.  
 Use pronouns (me, you, mine, etc.)  
 Play alongside another child.

**BY 2-1/2 YEARS:**

Jump up with both feet at the same time.  
 Throw a ball overhand.  
 Unbutton some buttons.  
 Use the word "I" correctly most of the time.  
 Say first name when asked.  
 Drink from a regular glass or cup without

assistance.

**BY 3 YEARS:**

Pedal a tricycle.  
 Alternate steps and feet while going upstairs.  
 Dry hands when reminded.



Come back and tell you things he has done.  
 Know whether he/she is a boy or girl.  
 Usually share toys with other children.  
 Play fairly well with others.  
 Usually take turns while playing.

**BY 4 YEARS:**

Hop on one foot.  
 Alternate steps and feet while going down stairs.  
 Catch a ball most of the time when it is thrown to him.  
 Repeat a favorite nursery rhyme or song.  
 Recognize basic colors.  
 "Show off" from time to time.  
 Cooperate when playing with a small group of children.

**BY 5 YEARS:**

Alternate feet while skipping.  
 Jump over low objects.  
 Tie his shoes (sometimes not tight enough, but he knows how to).

Jump rope (reasonably well).

**BOBBY**

Print his first name.

Start to ask what words mean.

Help with little chores around the house.

Compete with other children in games(usually sticks to the rules).